

Date: May 20, 2026

Place: The Hamlet Golf and CC – Commack

Advanced registration required

- 6:00pm Dinner
- 7:00pm Business Meeting
- 7:30pm Featured Education Program (2 CE/No Charge SCDS Members)



NEW LOCATION – Hamlet Golf and Country Club - 1 Clubhouse Dr, Commack, NY 11725

[Register Here](#)

Three Lectures from Stony Brook Dental Residents

Dental Anesthesia- Marina Ambridge, DDS

Unexpected Airway Surprise:

A Case of Aborted Dental Rehab and the Differential of Pediatric Vallecular Lesions

1. Recognize subtle preoperative airway red flags in pediatric patients, such as baseline hoarseness, raspy voice, or heavy breathing.
2. Appreciate the role of laryngoscopy as an opportunity for airway examination as well as in intubation.
3. Develop familiarity with the differential diagnosis of pediatric vallecular masses, including vallecular/epiglottic cysts, lingual tonsillar hypertrophy, lingual thyroglossal duct cysts, ectopic lingual thyroid, lymphatic malformations, and rare malignancies - and recognize their implications for airway management, such as potential obstruction, difficult intubation, or bleeding risk during dental anesthesia procedures.

Dr. Marina Ambridge is a current resident in Dental Anesthesiology at Stony Brook University, where she is advancing her expertise in providing safe sedation and general anesthesia for dental procedures, with a particular focus on pediatric and complex airway management.

She earned her Bachelor of Science (BSc), Master of Science (MSc), and Doctor of Dental Surgery (DDS) degrees from the University of Toronto. Following graduation, Dr. Ambridge practiced general dentistry for several years, owning and operating a private dental practice in Arizona.

In her spare time, Dr. Ambridge enjoys spending quality time with her 8-year-old son, pursuing her passion for photography, and traveling extensively—she has visited 57 countries across six continents.

Endodontics - Anthoula Nikolaidis, DMD

Endodontic Emergencies: diagnosis and management of encounters in everyday practice

1. Develop the ability to accurately diagnose endodontic emergencies by recognizing clinical signs and symptoms, obtaining a thorough patient history, performing and interpreting appropriate clinical tests and radiographs, and differentiating between pulpal, periapical to ensure correct diagnosis to guide appropriate emergency treatment.
2. Recognize and appropriately implement immediate emergency endodontic interventions including: pulpotomy, pulpectomy, incision and drainage, adequate access and debridement, canal disinfection, swelling management, occlusal reduction, and clear post-operative

instructions to effectively relieve pain, control infection, stabilize the tooth, and prevent complications.

3. Develop the ability to implement appropriate prescribing practices for analgesics and antibiotics by considering individual patient factors and providing effective patient education to minimize overprescription, reduce antibiotic resistance, and prevent adverse drug reactions.

Dr. Anthoula Nikolaidis is currently a second-year endodontic resident at Stony Brook and a New Jersey native. She received her doctoral degree from Rutgers School of Dental Medicine and went on to further develop her clinical skills at Montefiore Medical Center, where she completed both a General Practice Residency and an Endodontic Fellowship. Prior to joining Stony Brook, she also worked in private practice for one year. When she's not practicing dentistry, Dr. Nikolaidis enjoys spending time with her family, playing tennis and traveling.

Periodontics - Aria Hourizadeh, DDS

Soft Tissue: The Silent Determinant of Restorative Success

1. Identify periodontal and peri-implant soft tissue deficiencies using a structured chairside protocol
2. Explain the biological principles of soft tissue augmentation and how these factors influence prosthetic outcomes
3. Integrate and sequence soft tissue grafting predictably within restorative and implant treatment plans to enhance esthetics, maintenance, and long-term success.

Dr. Aria Hourizadeh is a third-year resident in the Advanced Education Program in Periodontics at Stony Brook School of Dental Medicine. Raised in Great Neck, New York, he attended North Shore Hebrew Academy and earned a Bachelor of Science in Integrative Neuroscience from Binghamton University. He received his DDS from the NYU College of Dentistry, graduating with Honors in Periodontics and Implant Dentistry, and completed a General Practice Residency at St. Barnabas Hospital in the Bronx.

Dr. Hourizadeh's clinical interests include periodontal regeneration, mucogingival surgery, implant dentistry, and the management of peri-implant tissues to support long-term restorative success. He is currently preparing for the oral examination to become a Diplomate of the American Board of Periodontology and aims to build a collaborative, patient-centered practice while remaining engaged in scholarship and advancing the field of periodontics.

[General Membership Meeting Registration is REQUIRED ONLINE](#)

[Register Here](#)

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